



Evropská unie
Evropský sociální fond
Operační program Zaměstnanost



MINISTERSTVO ZDRAVOTNICTVÍ
ČESKÉ REPUBLIKY

The psychiatry reform in Czech Republic – the role of ESF

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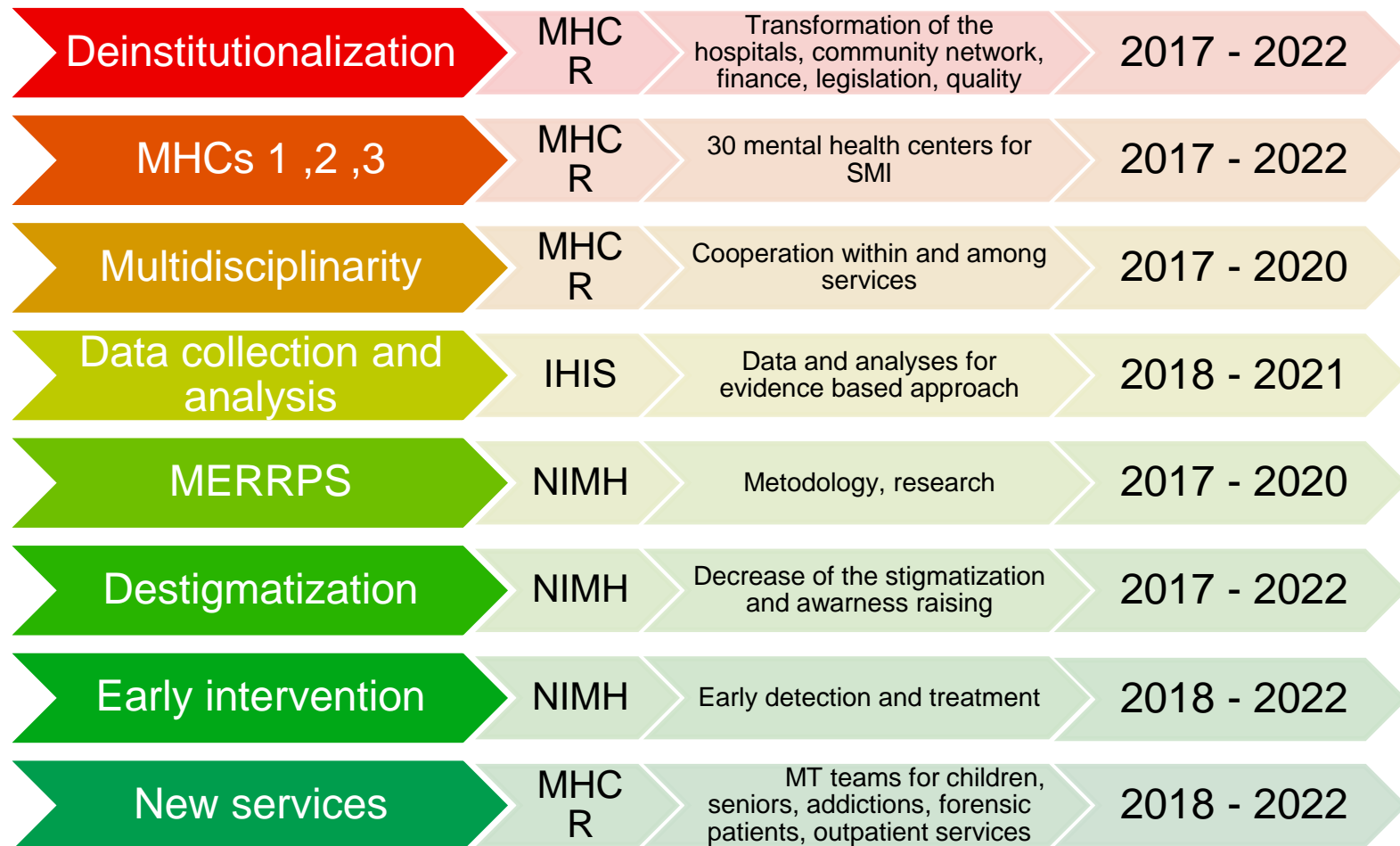
Dita Protopopova, MH CR



REFORMA PÉČE O DUŠEVNÍ ZDRAVÍ
Strategie reformy psychiatrické péče



Reform projects





Current state of the mental health care in CR

Epidemiology and burden

- Each year **more than 1/5 of the population experience mental illness**
- More than **a half** of this population will not get access to services/treatment
- The overall cost of brain diseases is about 0,4 bilion EUR per year and the mental disorders take more than a half of it
- People with serious mental diseases have 2 times higher mortality compared to general population

- 4,5 % population experience severe depression every year
- The number of people with dementia increases



Current state of the mental health care in CR

The system of services

- Is based on the huge psychiatric institutions where human rights are frequently not respected
- Absence of early intervention services – the illness is often detected too late and in a severe state, requiring hospitalization
- Institutionalization – patients hospitalized more than 5, 10, 20, 30 years
- Specialized community services are scarce, set up by NGOs and not developed based on the national strategy or network planning
- A lot of mentally ill people are institutionalized in social services – data about numbers or their situation are missing



Current state of the mental health care in CR

Financing

- Based on tradition not on evidence
- Majority of the health budget is consumed by psychiatric institutions (72%)
- Only 4% of the health budget allocated to mental health
- Unresolved responsibility between social and health care services due to different legislation and financing
- Uneffective system of specialized psychiatric outpatient services driven by the way of budgeting



Current state of the mental health care in CR

General population

- Low level of mental health knowledge – they are not able to solve mental health problems neither in themselves nor others
- Mental health hygiene does not exist
- Stigmatization and discrimination of people with mental illness



Current state of the mental health care in CR

Other

- Not sufficient human resources, low numbers of psychiatrist, majority of mental health care professionals working in the institutions
- Low interest in psychiatry among medical students
- Insufficient legislation
- Fragmented system of services lacking cooperation between each other
- Service users have just a low impact on mental health care planning and providing
- National suicide prevention plan is missing

Psychiatry reform in CR: the target state

Epidemiology and burden

- Lower the untreated population
- Lower the mortality of p. with mental illness
- Lower the suicidality rate

Project „Deinstitutionalization“

Projects „MHC I, II a III“

Project „Early intervention“

Project „Analysis, data“

Project „MERRPS“

Project „Destigmatization“

Projekt „Multidisciplinarity“

Project „New services“

Joint effort of all projects

Services

- Lower the number of beds in psychiatric hospitals, mainly long term beds
- To enhance the quality of care in the institutions with the emphasis on CRPD
- To systematically increase the network of specialized community services
- To pilot the early intervention services – to assess cost-effectivity
- To deinstitutionalize the chronic patients
- To monitor the quality of services
- To set up new types of services for children, addicted, forensic pts and seniors

Finances

- Base the system on evidence not tradition
- To increase the amount of health budget for mental health
- Clear rules for financing the mixed health-social services

Attitudes

- Increase the ability to recognize and resolve the mental health problems in yourself and others
- Improve the mental health hygiene
- Lower the stigmatization and discrimination of people with mental illness

Other

- To train professionals in all kinds of mental health professions
- Increase the interest in mental health among medical doctors
- One mental health act
- Improve the cooperation among services in one region
- Increase the amount of service users involved in the reform
- Implement the suicide prevention plan



THANK YOU FOR YOUR ATTENTION

DITA.PROTOPOPOVA@MZCR.CZ



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